



# Fishburne Football Skills Camp

June 8 – June 10<sup>th</sup> 5 PM to 8 PM

Football Field at Fishburne Military School

For rising 5<sup>th</sup> thru 9<sup>th</sup> Graders

- This is a Non-Contact Camp. No Previous Experience Required.
- Camp will have a strong focus on fundamentals and position specific skills.
- Daily Schedule:
  - Warmups and instruction on Flexibility and Stretching
  - Running Drills – instruction on stance, coming out of stance, and running technique
  - Tackling and Blocking Fundamentals Circuit
  - Offense and Defense Positions – Drills focused on skill development, fundamentals, and game repetitions.
  - Team Competition – 7 on 7 competition; 1 on 1 Line Pit Competition.
- Fee: \$55. T-Shirt Provided.
- What to Bring:
  - Cleats
  - Water Bottle
  - Drop off and pick up at Fishburne Athletic Field at front of School



*“The goal of our camp is to teach the fundamentals of the game and sportsmanship to our area's youth. We will make it fun and safe, and they will learn to play the game the right way and how to be a team player.”*

*--- Fishburne Football Coach Martin Goodnough*

[CLICK HERE TO REGISTER](#)

If questions or you like to register for camp offline, email [swilson@fishburne.org](mailto:swilson@fishburne.org)